

The Role of Recreation In Transition Services For Individuals With ASD

Mary Ann Devine, PhD, CTRS

Associate Professor, Exercise, Leisure, and Sport

Kent State University mdevine@kent.edu

The session will focus on techniques that can be used by parents and professional to incorporate and use recreation in transition planning for individuals with ASD. Participants will learn techniques that can be used to incorporate leisure into their lives, their rights to access leisure options, and how leisure can serve as an aid to transitioning.

Objectives:

To learn elements of leisure education program planning.

To learn how to advocate for and access recreation services.

To understand how leisure can serve as a point of life consistency when transitioning through life stages.